



Barnes
community
association

Prospect

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Charity Reg No. 1156379

Barnes Community Association Newsletter

October 2017



Barnes
community
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Run for us!

Make your bid for our
place in the 2018
London Marathon!



The BCA has recently secured a place in next year's London Marathon. Now we need a runner! Could this be the answer to your dreams? At this stage, if you didn't get a ballot place, your only option is a charity place and we can make it happen for you!

We need a very special person, not only to complete the 26.2 miles on Sunday 22nd April 2018, but to raise sponsorship from friends and contacts to fund an important project in Barnes. We plan to install two defibrillators in Barnes: in the old phone box we now own outside the Olympic Cinema and outside Essex House surgery. Your achievement will fund both units, provide training and cover maintenance for the next three years.

If you are confident you'll finish the course and are happy to start training and fundraising now for the 2018 London Marathon, we'd love to hear from you. It's a big commitment but you can count on our support.



You can train with Barnes Runners, an experienced marathon runner will mentor you and we will help you get your fundraising campaign underway including local publicity and social media. We'll supply you with a running vest and on the day we'll be there to cheer you along the course.

Your finish time isn't important; raising as much as you possibly can is the goal. We are looking for minimum sponsorship of £3,000 excluding Gift Aid but we'd love you to exceed this. So if you'd like to run for the BCA, **please apply by 20th October in no more than 300 words explaining why you'd like to run for us, how you'd go about attracting sponsorship and how much you could commit to raise for us.** Please email micky@barnes-ca.org or drop a line to Micky Forster, Trustee, at Rose House – the BCA HQ on the High Street.

NB Everyone applying will be contacted. The highest bid will not necessarily secure the place. We can also advise unsuccessful applicants about opportunities in the London Marathon with other charities.

Don't miss this year's Charity Fashion Show - tickets are going fast!

Tickets for this year's two-night fashion extravaganza on 11th & 12th October are now on sale from our sponsor Knight Frank at their office 56 High Street, Barnes. Individual tickets are £25 and include a glass of prosecco at the party afterwards in Kitson Hall.

Last year, we raised over £10,000 for our three nominated charities. This year we hope to beat that in support of Friends of St Mary's Church, Age UK and Paddock School.

As always, we have a fabulous selection of Barnes Boutiques showing their collections on the night followed by an after-party in Kitson Hall where you will be able to browse and buy from their stalls. Find out more about our participating boutiques and the show by visiting our website: barnescharityfashionshow.com So catwalk your way down to Knight Frank to secure the hottest ticket in town! We can't wait to see you.



BARNES
CHARITY FASHION SHOW



Barnes
community
association

Volunteers sought for the editorial staff of *Prospect*

Do you have any spare time? Have you a good understanding of English grammar? Can you spell correctly? Are you computer literate?

The *Prospect* editorial team is looking for one or two new people to help produce the BCA newsletter. We particularly need people to edit or sub-edit, but also to proofread, to report on local events and to write occasional articles on matters of interest to Barnes residents. Attention to detail is essential, journalistic experience a bonus!

If you are interested in finding out more, the team would love to hear from you. In the first instance please email Julia Bebington at info@barnes-ca.org.



*Christmas
Lunch*

Christmas Day lunch needs a cook!

We are looking for a volunteer cook for the Christmas Day lunch we organise at the Age UK Barnes Green Centre. Please contact Julia on 8878 2359 if you are brave enough to take on this very worthwhile task. There will be a team of volunteers and full advice and assistance will be given.

Julia Bebington

BCA matters...



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Town Centre Manager news

Changes in our shopping areas

Iris

Barnes is becoming known for its independent fashion brands and so we are delighted to welcome a new business to the village, Iris. Iris has taken over Question Air on Church Road, adding the Barnes store to its other London shops. Do pop in if you haven't already. They have some fabulous fashion brands and accessories, and the shop looks great!

Ridley

Hot on the heels of Iris we welcome another independent fashion house. Local dress label Ridley is opening at the former Barnard Marcus site on Church Road. Ridley London has teamed up with a collective of women's designers and will also be hosting events with other designers – another new Barnes business that's well worth checking out.

Cashpoint

The new Sainsbury's cashpoint on the High Street is a success story for the Town Team. When Sainsbury's first opened its new store it applied for permission for an on-street cashpoint but was refused. The area designated for the ATM has since been home to baskets and ice-cream. Over the last few years I have pushed the Council to re-consider but concerns about proximity to the bus stop and narrow pavements took priority. When Barclays closed and we faced losing our only cashpoint in the High Street, the issue became critical and we encouraged Sainsbury's to re-apply to the Council. Residents got behind our campaign and supported their application. I have no doubt that the high response rates persuaded the Council of local need. A happy story of how persistence can pay off! Thanks for supporting this campaign.

Red Lion temporary closure

Don't forget that The Red Lion will be closed from Monday 2nd October until the second week of November for refurbishment. Can't wait to see the new look!

Progress with Town Team projects

River access

Many of the aspirations of the Big Barnes Ponder are now coming to fruition and our desire to get closer to the river in Barnes may no longer be just a dream. Our Ponder team has been looking at how to improve access to the river for water sports such as canoeing and paddle boarding, and we are making good progress. A clean-up of Small Profits Dock is happening as *Prospect* hits the street in the

first stage in the process of restoring this access point.

Suffolk Road update

The Friends of Suffolk Road are pushing forward with this exciting project to improve Suffolk Road recreation ground so that it can be better used by local residents. There is a new consultation on proposed changes to the site and a visual of the plans, which include a dog-free fenced-off area with a playground. You can find out more and take part in the consultation on the Council's website: consultation.richmond.gov.uk/consultation_finder

Help us keep Barnes sparkling this Christmas

Our community fundraising campaign for the Christmas lights is in its final few weeks – the lights need to be ordered by mid-October. If you want to see sparkly lights adorn our shopping parades this Christmas, then please support our campaign.

Christmas lights are ridiculously expensive but they do make such a difference to the village during the festive period. We are appealing to everyone who will enjoy the lights this Christmas – the residents, the businesses, the churches and community groups. If everyone just gives a few pounds we will have no problem raising this sum.

You can donate on our Justgiving page (justgiving.com/campaigns/charity/barnesca/xlts) or text XLTS17 and the sum you want to donate to 70070. Many thanks for your support!

The Thames Promenade moves forward

The failure of the Garden Bridge downstream presents an exciting opportunity for our Barnes Bridge project, the Thames Promenade. It now looks like Network Rail, as the owner of the bridge, is going to work with us to make our vision of a green walkway happen. We are preparing to meet with planners to understand exactly what will be required by Councils on both sides of the river to make this exciting project a reality.

Emma Robinson
Barnes Town Centre Manager

SAVE THE BARNES CHRISTMAS LIGHTS

Help us keep Barnes out of the darkness this Christmas

Text XLTS17 £10 to 70070
to contribute to our Christmas lights fund

A crowdfunding campaign by the Barnes Community Association

BCA Trustees

The BCA Trustees met after the summer break on Thursday 7th September with a full agenda – so much so that we started the meeting half an hour earlier than usual to ensure that we dealt with all the topics.

The development of the Stag Brewery and the organisation of a public meeting, hosted by the BCA and presented by the Mortlake Brewery Community Group (MBCG), was discussed. We are now making arrangements for this meeting, to be held in the autumn. The MBCG want to ensure that Barnes residents are fully aware of what is going on and the likely impact that the development will have on Barnes. As soon as we have a date, we will notify members.

We had several applications for funding and grants. These were all submitted on our new application form, which you can see on our website under 'Community'.

We are now actively looking for volunteers to join the *Prospect* production team. You can find an article on p1 of this edition. *Prospect* plays a vital part in communicating to members what is happening in the Barnes Community – so if journalism, editing or proofing appeals to you please do get in touch.

Gary Smith, honorary treasurer, presented the quarterly results. We have now successfully transferred our accounts onto the Sage software system.

Discussion took place about how successful the BCA Barnes Fair was this year. You will have seen photos in the September issue of *Prospect*. Planning has already started for the 2018 Fair – Saturday 14th July. There will be no prizes for guessing what the theme will be!

Again, I want to thank the Trustees and the many volunteers who work so hard to ensure that Barnes is a great place in which to live.

Steven Mindel, BCA Chairman

Volunteers sought for bulb planting on Barnes Green



Barnes
community
association

Tuesday 31st October 9.30am-1pm

Meet in front of the entrance to Age UK Barnes Green Centre

Last year, with the help of willing volunteers, the BCA planted over 4,000 daffodil and crocus bulbs on Barnes Green. This year we aim to plant a stretch alongside The Crescent hedgerow with assorted daffodils with varied flowering periods. All volunteers are welcome and should bring appropriate footwear and if possible a stout spade. You can simply turn up but if you have a query or would like to register your interest you may contact Russell at greenkeeper@barnes-ca.org. We must ask that minors be accompanied by adults.



Russell Greaves



**Grand
Jumble
Sale**

Sponsored by Barnes Auctions

KITSON HALL

KITSON ROAD, BARNES, SW13 9HJ

Friday 6th October 7-9pm. Admission £5

Saturday 7th October 10am-2pm. Admission £1

PLEASE DELIVER JUMBLE TO THE
SCOUT HUT IN QUEEN ELIZABETH WALK

10am-12noon on Sat 30th Sept & Sun 1st October

10am-4pm on Mon 2nd & Tues 3rd October

or direct to Kitson Hall after 4pm on Weds 4th October

10am-4pm Thurs 5th October & 10am-12noon Fri 6th October

NO JUMBLE PLEASE AFTER 12 NOON ON FRI 6TH OCTOBER

If you are unable to deliver and require collection, please call:

07912 210 797 / 8392 9070 / 8878 2359 / 8878 9223

St. Mary's Coffee Shop is open on Jumble Sale Saturday

The path between Kitson Hall and the Melvill Room will be open to jumblers, where tea, coffee and cakes will be on sale in the St. Mary's Coffee Shop 10am-12.30pm

Sales at Rose House

For some time Janina has been hosting sales at Rose House once a month on a Saturday. She is now looking for more stallholders to share this event with her. If you are interested, please contact her on 8567 9502 for further information. Please note that Janina sells jewellery and so is not looking for another jewellery stall.

GLASSDOOR

Homeless Charity, CTiB Saturday Shelter

A volunteer cook is needed with experience of cooking for 50 people to help their existing cook prepare and serve supper from 6-9.30pm on the following five Saturdays: 25th November, 23rd December, 20th January, 17th February and 17th March.

Volunteers are also needed from 6-9.45pm for one Saturday in four from November to April to help prepare, cook, serve and clear away after sharing a hot meal with circa 35 guests. If you cannot commit to joining one of the four regular teams, you might be happy to join the Reserves List and be contacted as needed.

For more information please contact miagibbons@gmail.com.

Art exhibition of local scenes and beyond

Local artist Toby Messer is holding an exhibition of his paintings at Rose House. They deal with many aspects of wild unspoilt Richmond Park, industrial landscapes, local scenes and beyond, such as the towering skyscrapers of New York, for instance. So why not come and pay a visit – he would love to see you. The show itself will be on Saturday 11th November.



The Barnes Workhouse Fund and Walsingham Lodge Trust

Grant-making and Sheltered Housing: a brief review 2016-17

Grant-making 2016

The Board of Trustees of the Barnes Workhouse Fund (BWF) held their Annual Forum and Consultation in June before an invited audience of local voluntary organisations based in Barnes and Richmond, good friends of the charities and other local contacts.

BWF awarded grants totalling nearly £280,000 during the calendar year 2016 to Barnes- or Richmond-based voluntary organisations and individual Barnes residents, under our charitable objects of "the relief of poverty; the relief of distress & sickness; provision of education facilities; and provision of recreational & leisure facilities". Grants to help capital projects in Barnes included £3,750 to St Michael & All Angels Church towards the costs of improvements to their historic organ. The Fund also responded to the local fundraising efforts towards the cost of Christmas lights for Barnes.

Caroline Kelsall, Chair of Trustees, reminded the audience that the Fund's Annual Forum was intended to provide an opportunity to develop and strengthen links not only between BWF and its beneficiary organisations, but also among the organisations themselves. Collaboration between voluntary organisations working for the benefit of the borough's residents has never been more important, taking account of the year-on-year statutory and grant-funding reductions that many are experiencing. Avoiding duplication of services and signposting vulnerable clients towards established sources of help is a priority. Caroline referred to last year's Indices of Multiple Deprivation, showing Barnes as a category 4 (1 is high deprivation and 10 is low); whereas the London Borough of Richmond upon Thames (LBRuT) is classed between 8 and 10.

The themes that BWF wished to examine this year included social isolation, particularly among those with mental health issues; social isolation generally amongst the elderly; and dementia services, specifically because Barnes has a higher proportion of its population between the ages of 60 and 90+ than Richmond and the rest of London.

Reference was made to the recent report commissioned by the Richmond Parish Lands Charity and Hampton Fuel Allotments Charity entitled 'On the Edge'. This report, arising out of independent research by consultants Rocket Science, makes some interesting observations and recommendations. Very early on in the report, it is identified that "the perception of the LBRuT as wealthy masks the level of poverty and need across the borough".

The Report's recommendations cover collaboration, the development of peer support networks, making the most of shared funding opportunities and the exploration into the feasibility of a Borough-wide strategy of donations of time and resources, alongside funding with a view to including the corporate sector in this approach.

The Forum heard from Richmond Mind, the principal provider of mental health support in LBRuT who, on top of their core service, are working with local schools and talking to young people about mental health awareness: this intervention can help towards prevention, as many people with mental health difficulties will have begun to develop that condition from around the age of 14.

BWF funds completely the North Barnes Citizens Advice office next to the Castelnau Centre. Citizens Advice across the borough saw approximately 5,000 people last year, who brought 16,000 problems needing advice.

Simon Danciger from the OSO Arts Centre reported that it was now four years since the Board of Trustees took over responsibility for the Centre; 6,000 people attended the Centre last year, visiting 200 different events there. The Centre is a popular venue, providing arts-related recreation for the whole Barnes community.

Stuart Nevil of SPEAR reported on his organisation's activities

around supporting the homeless, both in terms of collaboration with other local organisations and developing peer-to-peer support. BWF co-funds the costs of a Trainee Outreach Worker to work part-time in the Barnes area.

The Castelnau Centre Project receives the largest grant that BWF awards. The Centre is situated in the Castelnau Estate, a large area of Barnes where there is social housing and pockets of extreme need.

That part of Barnes can be cut off from the rest of the borough in some ways, which can exacerbate the situations in which vulnerable people find themselves. The Centre's activities, including the café, and activity groups for both adults and children, are aimed at strengthening relationships, breaking down social isolation and improving wellbeing.



Enjoying social activities at the Castelnau Centre

Sheltered Housing: Walsingham Lodge and Berkeley Road

The housing was built in 1975, when the Board of Trustees at the time made this bold decision as a way of meeting the Fund's object, 'the Relief of the Aged'. Retired Barnes residents on low incomes who are looking for sheltered accommodation are encouraged to apply. Since June 2016, two vacancies have arisen and these have been filled from our own Housing Register, or from referrals by Richmond Council. Applicants who are eligible to join the Housing Register can be offered a vacancy on the basis of need.

Thanks go to our managers, Crown Simmons Housing, and our Scheme Manager, Jackie Taylor, for the hard work and commitment they have put in, which is evident in the welcoming and comfortable surroundings provided at our scheme.

Grateful thanks and appreciation also go to our trustee of six years, Lucy Hine, who retired at the end of 2016. We welcome Luke Tegner, who joined us in January 2017, bringing with him valuable corporate sector expertise.

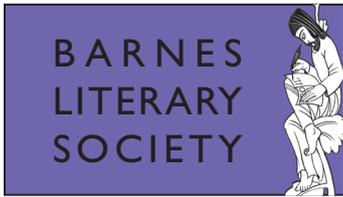
For further information on grants awarded during the year, on applying to live at Walsingham Lodge or on any other aspect touched on in this review, please look at our websites or contact our Director, Miranda Ibbetson, mibbetson@barnesworkhousefund.org.uk or 8241 3994 barnesworkhousefund.org.uk, walsinghamlodge.org.uk.

The Richmond upon Thames Literature Festival returns!

3rd-29th November

Richmond's annual festival will once more take place across the whole borough in November. With a diverse programme of events featuring some of the year's most interesting books, local award-winning and internationally renowned authors and a special series of events especially for young people and families, there really is 'something for everyone'.

The full programme is available at richmondliterature.com or request a brochure to see events taking place in and around Barnes. Details will also be included in *Prospect's* November edition. The box office will open Monday 2nd October.



Jeremy Paxman
(interviewed by Kate Silverton)

A Life in Questions

Wednesday 25th October 7pm

St Mary's Church Barnes

The 2017/18 Barnes Literary Society season gets off to a mouth-watering start with Jeremy Paxman, arch inquisitor of Newsnight and University Challenge, discussing his recently published autobiography, *A Life in Questions*, with Barnes' own Kate Silverton. Full of fascinating reflections on the role of television, especially the BBC in public life, Jeremy's book reveals the wealth of experience he gained as a TV reporter from many of the world's trouble spots before establishing his reputation as a premier political interviewer.

BLS members have already seen Kate Silverton's engaging and incisive interviewing style and her encounter with Jeremy will be a highlight of the Barnes autumn season.

Please note the different venue and early start time of this event.

Barnes Literary Society committee

Are you a member of the Barnes Literary Society? Do you love reading and have lots of favourite contemporary authors? Have you ever considered serving on the BLS committee?

We are looking for new members of BLS to serve on the committee, which meets roughly once a month excepting July or August. Meetings are usually held during the day.

We are particularly interested in hearing from people with finance, event management and publicity skills. Everyone has a particular role, although all contribute to compiling the programme, choosing speakers and helping at events.

If you want to take this further or would simply like to know more, please email the Chair, janeskerrett@btinternet.com, giving brief reasons why you are interested and what skills you feel you could bring to the committee.

We'd love to hear from you.

Jane Skerrett

Christmas card shop opens in Barnes supporting a wide range of charities

The festive season gets underway in Barnes when the Cards for Good Causes pop-up charity Christmas card shop opens in Barnes Methodist Church, Station Road on Friday 27th October.



CARDS FOR GOOD CAUSES

Buying Christmas cards through Cards for Good

Causes is the best way to get access to the widest selection of Christmas cards available, as well as a fantastic range of seasonal gifts and products, while supporting a range of national and local charities.

Staffed by a team of local volunteers, the Barnes shop is part of a network of more than 300 temporary shops run by Cards for Good Causes, the UK's largest multi-charity Christmas card organisation. It represents more than 250 charities including Cancer Research UK, Barnardo's, NSPCC, Alzheimer's Society, RNLI and a number of local charities such as The Royal Hospital for Neuro-disability in Putney and Royal Trinity Hospice.

Shoppers will be able to choose from hundreds of different Christmas card designs, as well as traditional advent calendars and candles, wrapping paper, gift tags, napkins and stocking fillers.

Shop manager Sally-Ann Feldman says, "Buying charity Christmas cards is one of the simplest ways to support good causes this festive season and we stock one of the widest ranges of Christmas cards anywhere. The proceeds from every card or product sold make a vital contribution to the work of the charities that we partner. Come and find us in the Methodist Church and get ahead in your Christmas preparations by getting your cards early."

This year the official opening is on the first day of trading, Friday 27th October and celebrated local actor **Julian Glover** will cut the ribbon. Please join us if you can for coffee and the first mince pies of the season!

In the past 10 years, charities have received more than £40 million from Cards for Good Causes, representing at least 70p in every pound, out of which the charities pay for the production and distribution of their Christmas cards and any VAT.

Shop Opening Hours: 27th October-16th December

Monday-Saturday 10am-4pm (except Saturdays 28th October and 4th November 10am-1pm). Closed Sundays

For further information please contact Sally-Ann on sally-ann@brianfeldman.co.uk.

See cardsforcharity.co.uk or follow us on Facebook or Twitter.

Vic Nolan Memorial Walk

Vic Nolan was a well-known, much loved and respected member of the Barnes community. Brian and Janice Turk organised and dedicated a walk from Barnes Railway Bridge to Kingston on 7th September in his memory.

This walk replicates the very first leg of the long-distance walks Vic did with The Good Companions, commencing in April 2005, when he was just a few weeks short of his 85th birthday. He walked with us until he was 94, covering over 600 miles in this period. His last walk with us was the final leg of the North Downs Way when, at Winchester Cathedral, he came to me and said that at 94 he could just not do it any more. Up until this time he was still covering 10 miles across rough countryside on each walk.

Twenty-two walkers, all of whom had walked with Vic at some point in the past, gathered at Barnes Railway Bridge for this memorial walk, remembering the happy times shared with Vic in the past. We walked along the towpath on the southern side of the river to Richmond. Here we were joined by three other members, including Tim Budgen, the leader of The Good Companions, all of whom had walked with Vic and us in the past, but were not walking today. After lunch at the Slug and Lettuce in Richmond, we walked again on the towpath on the southern side of the river to Kingston, finishing with tea in John Lewis. The total number of people involved was 25; distance covered about 10 miles. Vic will be much missed by us all.



Brian Turk

Vic leads the group on Ridgeway Walk

Richmond Park Academy examined



The dictionary tells us that the word success means 'a favourable outcome' and that is definitely what Richmond Park Academy (RPA) students discovered when GCSE results envelopes were opened in August. In this benchmark year of 2017 when, throughout England, there was a fall in good GCSE passes and students were adapting to the biggest changes in exams for a generation, RPA's A*-C grades, including English and maths, improved by 16%.

Press coverage of this year's GCSEs revealed that, nationally, there were weaker results in history. Not so at RPA. Compared to last year, our history results jumped with students registering an 80% pass rate, 30% of them graded A* or A. The improvement story is reflected across other subjects too, with, for example, science students registering 100% passes in both biology and chemistry and just over 96% in physics.

Barnes resident Ella Hahlo, one of RPA's top achievers with 10 excellent passes to her credit said, "We have lived through a lot of change here but that change has always been well supported by the teachers who have helped me to get results that I am proud of."



Ella Hahlo

The Academy's principal, Paul Mundy-Castle, reflecting on the improvements, said, "This is a hugely encouraging turnaround for our students and they should feel very proud of themselves — as should the staff who have worked tirelessly over the last year to make sure that every opportunity to improve was made available. We have a robust approach to improvement here and I am delighted that we have cleared this first examination test with confidence."

And last, but definitely not least, 6th Form students also raised their A-level success bar across the board, registering a 95% pass rate and some incredible personal achievements of A* or A grades in each of their four subjects.

Mona Adams, AET Governor

Locals complete iconic swim from Europe to Africa

Ed Horne, a 62-year-old Barnes resident, and Michael Fabray, the 51-year-old proprietor of The Barnes Fish Shop, completed the 10-mile swim across the Straits of Gibraltar from Tarifa, Spain to the Moroccan coast on Monday 26th June. The swim is considered one of the toughest of the world's seven-channel swims.

Grappling with strong tides, through currents and a rolling 3-foot swell, Ed and Michael took 3 hours and 36 minutes to cross, placing them 68th on the all-time list of approximately 600 people who have now completed the non-wetsuited swim, a considerably smaller number than the 7,000+ who have scaled Everest!

The local wildlife in the vicinity on the day included dolphins, jumping tuna and turtles. Sadly no whales were spotted and thankfully no sharks. Michael carried with him the subliminal fear that the fish could sense his trade and would seek retribution!

Ed and Michael trained extensively for the swim over the last year, both in the unheated lido in Tooting and in the sea in Dover Harbour in water temperatures often well below 16 degrees. On the day, the water was about 20 degrees. Michael's fish formed a large part of their healthy diet in the lead-up to the swim!

The swim was very professionally supervised by the Gibraltar Straits Swimming Association (ACNEG), who supplied both pilot and safety boats with experienced crew to accompany the two somewhat lunatic swimmers.

Neither swimmer would commit to identify their next challenge but you sense that the adventure is not yet over!



We want our pumpkins to be enjoyed by as many as possible!



This year, our pumpkins have been a huge success and we love that so many people of all ages are stopping by regularly to chat and to see how big they are getting.

We wanted to find a way to share our harvest with as many of you as possible, so here it is.... just follow the easy-peasy steps and let's see how many people we can get to enjoy sharing, cooking, eating and taking part in the first ever...

Friends Of Barnes Common Great Community Pumpkin Challenge!

On the vine (step one):

- send us your favourite pumpkin recipe (education@barnescommon.org.uk)
- guess the weight of our fantastic pumpkins and win a year's free FoBC membership

Off the vine (step two):

- share in our half term pumpkin harvest on Wednesday 25th October at 10.30am*
- find out if you are one of the lucky winners!

*harvest date may change... pumpkin-growth dependent!

At home (step three):

- make your favourite pumpkin recipe and share with friends and family
- send us your photos
- and please share at #FoBCpumpkinchallenge

How far will our locally grown pumpkin travel and how many different, delicious recipes can we find?



Grown on Vine Road recreation ground

Mike Hildesley, Friends of Barnes Common

St Michael & All Angels 150th Anniversary

Celebrating our Past, our Present and our Future

A season of celebration

2017 is an exciting year for St Michael's as we celebrate the 150th anniversary since the founding of the original worshipping community that would later become the church and parish of St Michael's.

As part of this we have a range of events, from art exhibitions to special services and a celebratory concert, and we rejoice in all that has taken place here over this time. You can find a full list of events on our website stmichaelbarnes.org.

Our Church Hall project

As well as looking to the past, we are also looking at the present and the future and inaugurating a new Church Hall project to produce a lasting legacy for the church and wider community. The current building is in poor structural condition and its facilities are outdated and do not reflect modern requirements, such as access for the disabled. In the near future, we will be consulting and working with the local community, existing users and stakeholders to provide a wonderful facility that is a long-lasting, high-quality response to serve their needs and those of the church, and to also enrich the lives of local people. In this, we have been inspired by some of the exciting projects of other local churches and our much-admired Community Centre that opened in 2007.

A vision for the future

St Michael's is welcoming and engaging, reaching out to our community, a church for all ages with a place for everyone. As we celebrate this anniversary we give thanks for the vision and energy that brought about what we have now and will carry us forward with a new vision.

If you would like to receive regular updates and information about the project and to be involved in the upcoming consultation and community meetings please join our mailing list by emailing: churchhall@stmichaelbarnes.org.



St Michael's Church Hall

Correction and clarification regarding the article 'Saving St Michael's Church Hall' published in *Prospect* September 2017:

The BCA takes no view on proposals for St Michael's Church Hall and advises that the opinions expressed in the article were those of the author/Church Hall Action Group only.

In addition, contrary to the comments in the article:

- The proposed dwelling on the site was not primarily made of glass: it used materials similar to those of neighbouring properties.
- The appeal was dismissed by the National Planning Inspectorate (following an appeal by St Michael's Church against non-determination by Richmond Planning Department); however, the planning application was refused permission by the London Borough of Richmond upon Thames.

Further information, including the Inspector's decision, can be found on Richmond's planning portal Ref: 16/0929/FUL www.richmond.gov.uk

Fr Stephen Stavrou

Nutrition for the high energy lifestyle

Feeling tired all the time? Let's get your bounce back!

Are you slow to get going in the



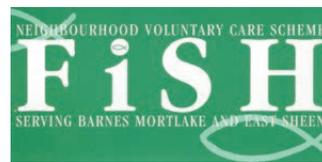
morning or find yourself in a fog of fatigue in the afternoon? What and when you eat can have a profound effect on your energy levels.

Everyone knows someone who sleeps an effortless eight hours, wakes up with the birds and charges through the day with bucket loads of energy and enthusiasm. They have almost certainly got their diets nailed.

If your energy is out to lunch, your choice in food and how and when to eat it may need a rethink.

I am a qualified nutritionist with a special interest in high-energy demand, stress, travel and sport. This is when the mental and physical demands of your work require a high level of performance to counter stress, fatigue, burnout, jet lag and travelling exhaustion.

Join me for a talk on how to get your bounce back! Saturday 28th October at 10am, Rose House Barnes. Email me to register on hello@deborahmctaggart.com or 07557 990 229 Visit deborahmctaggart.com.



St Michael's Barnes Anniversary Harvest Tea Party

Saturday 7th October 3pm

Seniors, families and volunteers living within the parish of St Michael's and All Angels Barnes are invited to a party arranged by FiSH to celebrate the church's 150th anniversary.

Please join us for tea, music and memories.

Free Tickets are available from the St Michael's Parish Office or the FiSH office

Please contact Linda on 8876 3336 for further details or if you are willing to help.

FiSH working with the Rambert Dance Company

The dance classes run in association with Rambert Dance Company have become a firm favourite. These sessions take place on Friday mornings at Barnes Green Centre from 10.45-11.45am. Participants are asked for a donation of £5 per session, which includes refreshments.

If you enjoy creative exercise and dance why not give it a try?

All levels of mobility can be accommodated. Call 8876 3335 to book.

Fridays 6th, 13th, 20th, 27th October, 3rd, 10th, 17th, 24th November and 1st December

There will also be an outing to the Rambert Studios at the South Bank on 23rd November for dance session participants.

Winter arrivals and fungi shapes

As the days wane and the nights close in, the trees at WWT London Wetland Centre start to don their vibrant hues of red and orange. Autumn is nothing if not atmospheric and while Londoners are busy preparing themselves for the cold winter ahead, so are the birds. It's that time of year when winter migrants start making their first appearances on the reserve. Keep an eye out for waders such as snipe and colourful wintering ducks on the main lake, such as shoveler and teal. In previous years we've even had rarities like firecrest and yellow-browed warbler make an appearance.

Our Drawing Workshop on Sunday 15th October is the perfect opportunity to capture the abundance of autumnal specialities. Artist Judith Gordon will begin the day with an introduction to drawing materials and basic techniques, with the focus on autumnal fungi. She'll provide you with photographs and fungi specimens for sketching, enabling you to focus on details



Autumn colours across the entrance lake
Photo courtesy of David Hardman

such as the beautiful shapes and delicate colours and shading. Later you'll get the chance to explore the wildlife reserve to sketch some flora and fungi such as pleated inkcap, brown birch bolete and varieties of puffballs and waxcaps in situ.

On our Winter Bird Watching Walk on Saturday 28th October one of our wardens will take you around the reserve to see what's about and give you tips on field-craft and bird ID. Discover

flocks of beautiful wigeon grazing on the grass banks or come equipped with binoculars to see if you can spot a bittern hiding out in the reed beds.

What's more, if you enjoy discovering and identifying wildlife then join us for a game of Guess Who? this October half term. From Saturday 21st to Sunday 29th

October use your ID skills and powers of observation to guess which wetland animal your partner has selected. The first person to determine their opponent's animal wins! Pick up a free game card on arrival and discover more about the animals that live on site, then take a walk around the reserve to see them in real life!

For more information on all our events, prices or to book please call 8409 4400 or email info.london@wwt.org.uk.

Maria Zuckschwert
Marketing Assistant



OSO Arts Centre autumn 2017 season



The OSO Arts Centre is open again after the summer break. Since 2012 a Board of Trustees, who were selected to spearhead a renewed vision for the Arts Centre, has managed the venue, which means that the Centre is now approaching its five-year anniversary.

Designed to reflect our growing and changing community, the OSO's ethos embraces all local residents and businesses, highlighting and promoting the importance and relevance of art, music, literature and drama. This has been a great success, and today the OSO Arts Centre is a central part of everyday life for many people. However, it is always looking to expand and grow further, which is why the five-year anniversary will be used as an opportunity to increase engagement with local press and interest groups, expand the audience and take the next step up in the quality of programme commissioning. It is a key aim that everyone in Barnes knows that OSO is a space where they can experience high-quality theatre, music and art.

For more information and schedule of events see osoarts.org.uk.

The OSO team

We're recruiting - come and join us!

Barnes Choir is a friendly choir, some 70-strong, and they are looking to expand. There are vacancies in all voice parts and they are particularly interested in recruiting more tenors and basses.

The Choir conducts simple informal auditions to test basic musicality, voice quality and range. Sight-reading is an obvious advantage but is not mandatory, and rehearsal material for home practice is provided.

Rehearsals with dynamic musical director Julian Collings and brilliant pianist Elspeth Wilkes are at All

Saints Church, East Sheen Avenue, SW13 9HL on Tuesdays in term time from 8-10pm, with additional rehearsals on concert weekends.

The Choir performs three times a year, at St. Mary's Barnes at Easter, as part of the Barnes Music Festival and at local venues at Christmas and in the summer. They sing a wide range of music and are accompanied by professional soloists and orchestras.

They have an informal link with La Chorale Contrepoint at Le Pecq, on the outskirts of Paris, with whom they perform on an occasional basis. The next planned trip to Le Pecq is in June 2018.

Members receive a termly newsletter and a social programme that includes monthly pub evenings, a winter quiz and a summer BBQ, and at Christmas they go carol singing in support of their chosen charity, The Mulberry Centre.

For more information see barneschoir.org.uk.



Team row for Rwanda

An all-female crew, mostly from Barnes, successfully completed the Thames Great River Race from Millwall Dock Slipway to Ham House on Saturday 9th September, a 21.6-mile (34km) course, in some of the most inclement weather, to raise money to build a dedicated in-patient facility for disabled children in Rwanda.

Team Row for Rwanda stayed afloat through thunder, lightning and rain. Strong winds from Tower Bridge to Westminster Bridge proved most challenging, not to mention an enormous crack of lightning and thunder as they paddled under Barnes Bridge.

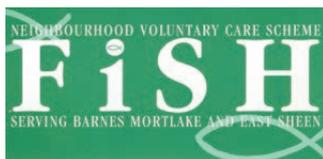
According to organiser and crew member Alison Hawksley, their mantra of PMA (positive mental attitude) helped them to keep focused, and the warmth of the welcome from Barnes fuelled their energy for the last stretch to Ham House. "An exhausting but hugely enjoyable feat for a great cause", she said.

Team Row for Rwanda has raised £7,000 of their target of £20,000, at which point they are promised a matching amount. The money raised will fund the building of a facility at ASFA Physiotherapy Centre, Muganza, Rwanda, where disabled children can stay with their carers for short-term in-patient physio treatment. The Rwandan centre is closely linked with Barnes Primary and Thomson House schools, both of which have partnerships with neighbouring schools in Rwanda.

If you would like to support Alison Hawksley's tremendous local initiative and help Team Row for Rwanda to reach their £20,000 target, please visit www.gofundme.com.



Rowers hard at work!



Tuesday Talks

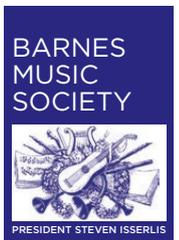
Barnes Green Centre

Coffee from 10.30am; Talk at 11am (40 mins)

Everyone welcome!

- 3rd October** Emma Townshend: *Autumn at Kew.*
This talk will be followed by a free lunch at Barnes Green Centre in lieu of Silver Sunday
- 10th October** John Ray: *Triumph or tragedy? Why were the Moors driven out of Spain?*
- 17th October** Hilary Fisher: *Colours to suit maturing years*
- 27th October** Rachel Winton & Lydia Gantley: *Life in China 1910-2010*
- 31st October** Valerie McBride-Munro: *The winter garden*
- 4th November** Helen Deaton: *Mortlake's magnificent Manor House*

Barnes Music Society 2017-18 season opens



Barnes Music Society concluded its 2017 AGM, kindly hosted by Miranda Corben, with a spellbinding recital by harpist Tatiana Fraser (pictured), a finalist from the Barnes Music Festival's *Young Musician of the Year* competition. One of the aims of the Festival is to encourage local young performers, many of whom have gone on to distinguished professional careers.

The Society's 2017/18 season opens on Wednesday 4th October at the Methodist Church with a return visit by dazzling pianist Clare Hammond, winner of the Young Artist category at the Royal Philharmonic Society's Music Awards 2016. Acclaimed as a pianist of "amazing power and panache" (*The Telegraph*), Clare is recognised for the virtuosity and authority of her performances.



Tatiana Fraser

The season continues on Monday 20th November with *Alicia's Gift*, a concert of the novel by local author Jessica Duchon. She will narrate excerpts from her book exploring the fascinating subject of child prodigies, enhanced with musical illustrations from Chopin, Debussy, Ravel and Gershwin by pianist Viv McLean.

The brochure for the 2017/18 season is now available. For information, please contact admin and membership co-ordinator annepage41@gmail.com or visit barnesmusicsociety.org.uk.

Salvage Hunters looking to film

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Discovery's hit TV show *Salvage Hunters* is filming a brand new series and looking for great new locations to feature.

The show follows architectural salvage and antiques expert Drew Pritchard as he travels around the UK hunting out and buying quirky and unusual objects no longer wanted by their present owner.

If you would like to be involved in the show or find out more, please get in touch, salvagehunters@curvemedia.com, Tel: 3179 0092. Twitter: @salvagehunters_ Facebook.com/salvagehunters

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DIARY

October

Wed 4th

Barnes Music Society at Methodist Church, Station Rd, Barnes, SW13 ONH at 7.30pm
– Clare Hammond piano. Haydn Fantasia (Capriccio) in C, Hob.XVII/4, Unsuk Chin Studies Nos.4, 5 & 6, Schubert 4 Impromptus, D.899, Beethoven Piano Sonata in E, Op.109, Scriabin Piano Sonata No.2 in G sharp minor, Op.19 (Sonata-fantasia), Stravinsky Petrushka Suite.

Tickets (for non-members) available at the door £15, £12 concessions, £6 students, or in advance from www.wegotickets.com (booking fee applies). For details visit barnesmusicsociety.org.uk or call 8876 1563

Fri 6th and Sat 7th

BCA Jumble Sale at Kitson Hall. See p1

Wed 11th & Thurs 12th

Barnes Charity Fashion Show at St. Mary's Church, Barnes. See p1

Sat 14th

Barnes Pond Market 9am-4pm

Sun 15th

St Michael and All Angels 150th anniversary concert In Tune with Heaven, 7.30pm.
Tickets: £25, £20 & £10 from music@stmichaelbarnes.org

Sat 21st and Sun 22d

La Petite Galerie Autumn Salon, open house sale of C20th art at 9 Waldeck Terrace, Mortlake, visitors welcome between 10am and 5pm

Sat 21st

Janina's Sale at Rose House – jewellery, gifts, etc. If you are interested in taking a stall please call Julia at the BCA 8878 2359 or Janina. See p3

Mon 23rd

BCA Environment Group Meeting – 5.30pm
Rose House – all BCA members welcome

Sat 28th

Deborah McTaggart – nutrition talk at Rose House. See p7

Regular Events

Sundays

- Charity Car Boot Sales – Friends of Queen Mary's Hospital. Second Sunday of the month, Mar-Dec. Hospital Car Park, SW15 5PN. Vendors from 7.30am-1pm. £5 blankets, £10 cars, £15 large vans. Buyers from 8am. £1 parking for buyers. qmhfriendscarboot.co.uk or Facebook

Sundays, Tuesdays and Thursdays

- Barnes Runners meet at Rose House for friendly local runs: barnesrunners.org

Mondays

- Rubber Bridge, Rose House, 7.30pm, pre-arranged partnerships. Carole Seaton, 8876 4411
- Zumba Fitness, Sheen Library, 8pm. £6 pay as you go, 07873 387 298 zumbarne@me.com

Mondays and Wednesdays

- Castelnau Community Centre: Café & Play, 9.15am-12.15pm. £3 per child, £1.40 under 1yr (free with full paying child)

Tuesdays

- Castelnau Community Centre: Pilates for all ages and levels of fitness, 9.30-10.30am, £5. Goldies Exercise (gentle chair based exercise for over 50s), 11.30am-12.30pm. 8741 0909
- Weekly circuit training for men over 50, Barn Elms playing field, 12noon-1pm, £5 a class. Contact Age UK Community Services Team, 8744 1965, communityservices@ageukrichmond.org.uk
- Yoga Gentle 8.15-9.15am, St. Mary's Church. First class half price. Please call first to check availability. Ali Gilling 07900 957 240, alium@yahoo.co.uk
- Castelnau Community Centre: Positive Steps – back to work support, 1-3pm. Free. 8741 0909
- Ashtanga/Vinyasa Flow Yoga. All levels of experience welcome, improve core strength, tone up and lose weight. Kitson Hall, 7pm. Contact kasiayoga@gmail.com, 07814 296 448
- World Community for Christian Meditation; supportive Barnes group meets 5.15-6.30pm for practice and dialogue. Everyone welcome. 8748 3722

- Do-Re-Mi Babies: Fun performances at St. Mary's Church, Barnes, at 10am on Tuesdays. 27th September, 25th October, 15th November and 13th December. Children free, adults £10 online, doremibabies.co.uk, £12 on the door

Tuesdays and Thursdays

- Pushbabies: Post-natal exercise for new mums and babies, London Wetland Centre, 9.30-10.40am. Members £5, non-members £7. pushbabies.com

Wednesdays

- FISH 'n' Chats, 10.30am-12.30pm, Sheen Lane Centre
- OSO Arts Centre, 11.30am-1.30pm. Ongoing watercolour painting classes. Six sessions bookable in advance. Suitable for all with a little drawing experience. Visit painting.zone, email admin@painting.zone or phone Stella 07791 400 362
- Italian, Rose House, 11.15am-1.15pm. Intermediate, small friendly group with focus on speaking and revision. Contact Stefania, 8748 6418, italianlearning.co.uk
- Pregnancy Yoga, from week 12 to birth, 6.15-7.15pm; Vinyasa Flow Yoga, all levels and abilities, 7.30-8.30pm. The Stables Room, Coach and Horses. For details and to book a free trial, contact 07818 254 107, yoganandyou.co.uk
- Richmond Legal Advice Service (RLAS) runs free weekly legal advice sessions at Holy Trinity Church, Sheen Park 8-9.30pm. Further details: rlas.org.uk.

Wednesdays and Thursdays

- Paddock School café, 10am-12noon, term time only. Coffee, homemade cake, soup and granary bread served by the students. Priory Lane, SW15 5RT (near corner of Upper Richmond Road)

Thursdays

- Learn Italian, places available for intermediate to advanced levels, courses starting on 21st Sept, angelabuffoni@yahoo.co.uk
- Parent and Toddler Group, St Osmund's Church Hall, Castelnau, 9.45-11.30am. All welcome. Contact Maria 8392 1803
- Beading Workshops at Stone by Stone, 23 Barnes High Street, 10.30am-12.30pm. £20, including tea or coffee. Contact Sharon at the shop or sharon@stonebystone.me

- St. Mary's Minis, Parent and Toddler Group, Kitson Hall, 10am-11.15am (term time only). Cost £2 per family. Contact St. Mary's Church Office 8741 5422
- Strong Foundations exercise classes – improve strength, balance and posture. Barnes Methodist Church, 12.45-1.45pm. For details and to book a free taster, contact 0333 1234 334 (local-rate) or widawellness.co.uk
- Barnes WI meets on the second Thursday of the month at 7.30pm at the Bull's Head, Lonsdale Road. For more information contact barneswi@hotmail.co.uk
- FISH 'n' Chats, Sheen Lane Centre, 10.30am-12.30pm
- Drawing from Scratch (RACC). For details see racc.ac.uk
- Urban Dance & Cheerleading classes, 4-6.30pm at the OSO. Contact Natalie, 07866 833 040, natalie@mamparadance.com
- Italian classes (all levels) Rose House: 12.30-2.30pm; 2.30-4.30pm; 4.45-6.15pm and 6.30-8pm. Contact angelabuffoni@yahoo.co.uk
- Barnes Community Choir, for all adult voices, no need to read music. Lowther School, Stillingfleet Road, 7.30-9pm, information 07958 690 749
- Tai Chi & Qi Gong – Learn and practise at your own pace, increase your energy levels and refine physical and mental skills. Barnes Methodist Church Hall, 7-8.30pm. 07581 533 604 dana@meiquan.co.uk or taichines.com

Fridays

- Willful Hatha Yoga, all ages and experience, 9-10am. Baby & Me Yoga, postnatal practice with non-crawling babies, 10.30-11.30am. The Stables Room, Coach and Horses. For details and to book a free trial, contact 07818 254 107, yoganandyou.co.uk
- Strong Foundations exercise class – feel stronger and more supple, with more energy. Barn Elms Sports Trust, 11am-12noon. See Thursdays for contact details
- First Friday of each month (except January) Sheen Friday Market, Sheen Lane Centre, 9am-1.30pm. 34 stalls of collectables, jewellery, silver, militaria, ephemera, bric-à-brac. Details Kaye Brown 8392 2042

Saturdays

- St. Mary's Church Coffee Shop, supporting a different charity each week, 10.30am-12.15pm. Fairtrade fresh coffee, tea and homemade cakes
- Coffee shop, Barnes Methodist Church, 10.30am-12.30pm. Fresh coffee, homemade cakes, Fairtrade products

OSO Arts Centre, Barnes Green, offers a wide range of workshops and classes for adults and children. Plus café, Mon-Fri, 9am-5pm, Sat, 10am-3pm. Visit osoarts.org.uk or contact info@osoarts.org.uk, 8876 9885

Age UK Richmond at Barnes Green Centre runs a varied programme of activities throughout the week. Call 8876 2377 or visit ageukrichmond.org.uk

FISH Neighbourhood Care offers help with shopping, transport etc., to residents of Barnes, Mortlake and Sheen. Ring 8876 3335 for details

Castelnau Community Centre, Stillingfleet Road runs a wide programme of activities for children and young people including carer and toddler play sessions, homework and after school clubs; exercise classes for adults; theatre group; career advice and back-to-work support. Community café, Mon-Fri, 9.15-11.15am, term-time. For further details call 8741 0909 or visit castelnaucentreproject.co.uk